

#### Who? Target Audience

#### Autistic Artists, Art Lovers, & Neurodiverse

## What? Actions to Take

#### Problem:

# there is a highly misconceived and misunderstood stereotype of those on the autism spectrum that is often correlated with the conventional medical system of disorder and dysfunction

#### **Solution:**

Connect and network with as many Autistic Artists & Creators to align forces and educate Neurotypicals on the differences between our neurotypes. Share personal experiences to demonstrate challenges we face in an ablest society.

### Where? Sharing Sources

Facebook

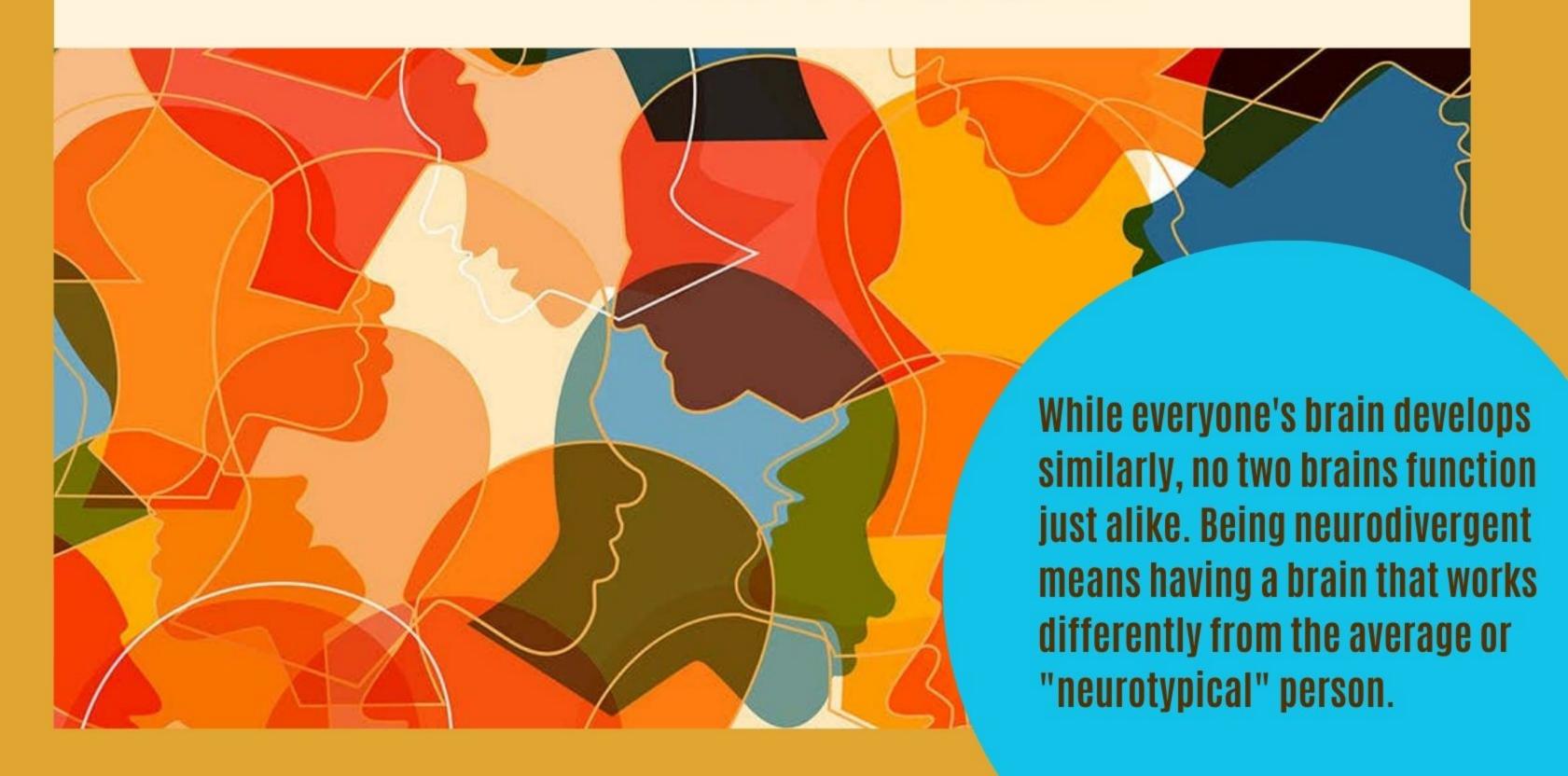
share relevant readings on autism, neurodivergence & health related topics to further deepen knowledge of various autistic experiences

Instagram

post videos of my own experience; create visuals to share my blogs and art expression

LinkedIn

share articles on neurotypes and experiences to educate employers, policy-makers



#### When? Planning

Weekly

1-2 post per week (video, GIFs, photographs); respond to other creator posts

**Monthly** 

write 1-2 Medium blog to add to FB & LinkedIn Autism Groups with creative image/visual

Quarterly

brainstorm/create an expressive art piece to narrate my story and feelings; showcase other Autistic Artists

**Annually** 

brainstorm/create an expressive art piece to narrate my story and feelings; showcase other Autistic Artists

# HOW? Strategies & Tactics

#### Content

Disabilities issues, anthropology, policy, society, environment, public health, indigenous perspectives, psychology, creativity, art, education, scientific articles and studies, anatomy and the human body/brain, spirituality

"Neurodiversity may be every bit as crucial for the human race as biodiversity is for life in general."

-Harvey Blume



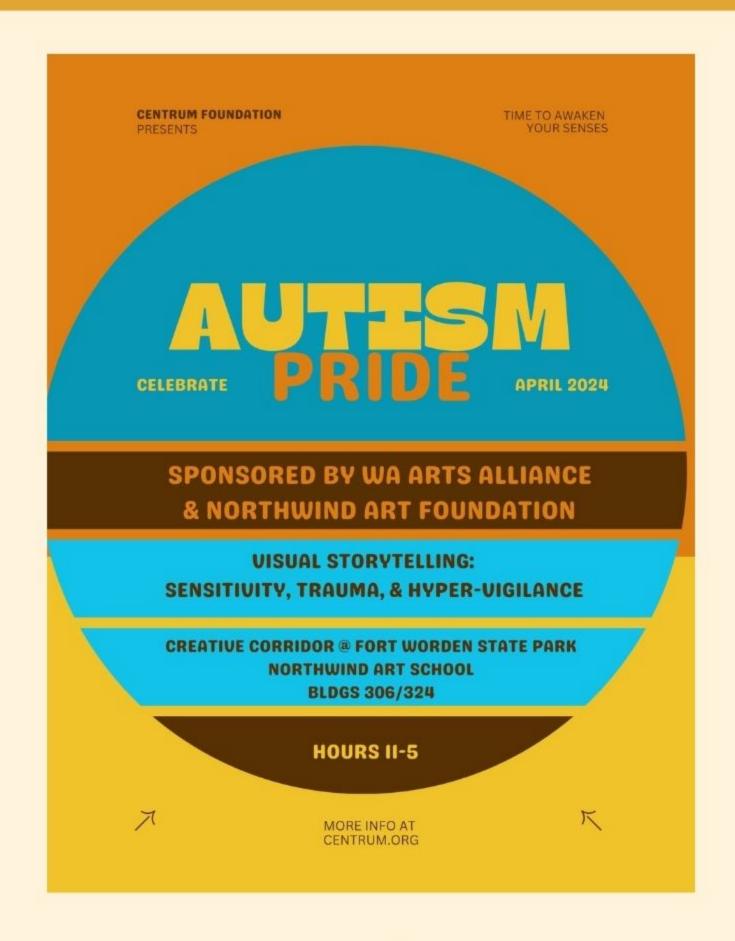
#### Sharing

Medium Blogs, photography, video, expressive and creative art visuals and imagery (art collages), ideas and conversations on FB Groups; maybe one day Pinterest will be useful

# Why? Proof of Remarkability

- I am autistic.
- I have traveled the world to almost 50 countries and understand global systems.
- Remarkability

  I am traumatized by society's demands and have health issues due to the ablism, the shaming of autistic behavior, and misunderstanding of behaviors and special needs.



#### Backlinks

- neurodivergentrebel.com/
- Centrum.org
- northwindartgallery.com
- spectrumnews.org
- theautismanthropologist.wordpress.com
- autcollab.org/
- highlysensitiverefuge.com/



# Sample Event



**Collaborative Partners** 



Interactive



Educational

#### Channels

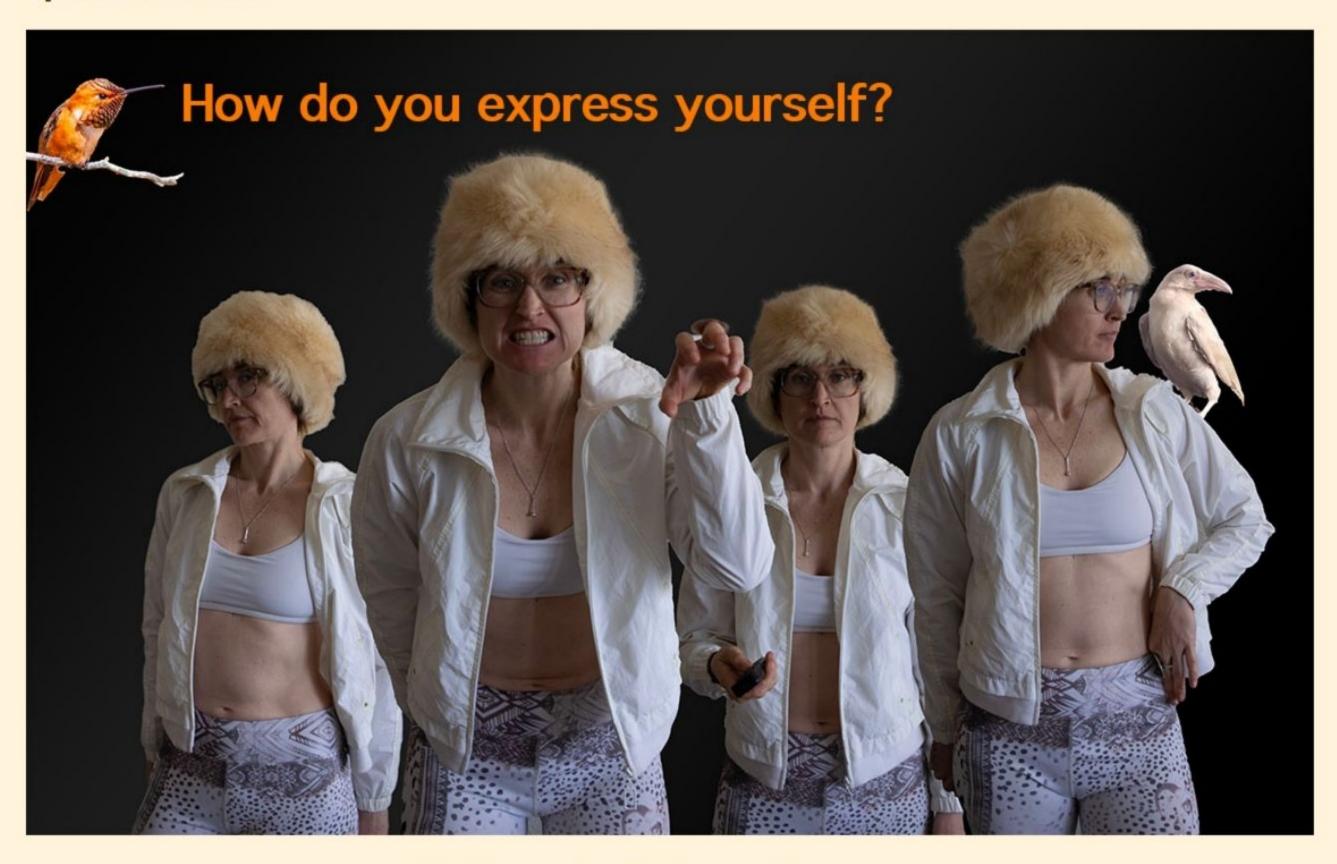
- Autism: #latediagnosedautistic #audhd #autismawareness #autismacceptance #autismadvocate #autismart #autismawarenessandacceptance #autismawarenesseveryday #autismspectrum
- Highly Sensitives: #highlysensitive
   #highlysensitiveperson
   #highlysensitivesoul
   #highlysensitivepersontribe
   #highlysensitiveentrepreneur #sensations
   #sensitive #sensitivecaptures
   #sensitivepeople
- Neurodivergence: #neurodivergent
   #neurodivergence #neurodivergentmemes
   #neurodivergentartist
   #neurodivergentwoman #neurodiversity
   #neurodiverse #neurodiversityacceptance
   #neurodiversesquad #neurodiversefamily
- Disabilities Pov: #disabilities
   #disabilitiesawareness #learningdisability
   #notalldisabilitiesarevisible
   #invisibledisabilities #disabilitypride
   #disabilityrights #developmentaldisability
   #ableism #disabilityjustice

### **Engagement Planning**

- Creators: network with other AuDHDer's, autistics, neurodivergents, trauma specialists by commenting on their posts/content
- Conversationalists: stir up discussions with these type of participants to engage and understand their experiences
- Critics: seek these types through disabilities conversations although most autistics are already critics of the current system of everything
- Collectors: to explore memes, research papers, visuals of autistic expression
- Joiners: to get more autists involved with expressing their neurotype and experience
- Spectators: provide videos on research and experience to relate to or to understand autism (for those undiagnosed and needing confirmation)



Provide resources and experiences to increase understanding of disabilities and neuro-wiring through blog posts, social media content, creative art pieces, and special events.



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