

Action Plan

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Autism Awareness Month
April 2024



**Autism
Pride**

Who?
Target
Audience

Autistic Artists, Art Lovers, & Neurodiverse

What?
Actions
to Take

Problem:

there is a highly misconceived and misunderstood stereotype of those on the autism spectrum that is often correlated with the conventional medical system of disorder and dysfunction

Solution:

Connect and network with as many Autistic Artists & Creators to align forces and educate Neurotypicals on the differences between our neurotypes. Share personal experiences to demonstrate challenges we face in an ablest society.

Where?
Sharing
Sources

Facebook

share relevant readings on autism, neurodivergence & health related topics to further deepen knowledge of various autistic experiences

Instagram

post videos of my own experience; create visuals to share my blogs and art expression

LinkedIn

share articles on neurotypes and experiences to educate employers, policy-makers



While everyone's brain develops similarly, no two brains function just alike. Being neurodivergent means having a brain that works differently from the average or "neurotypical" person.

When? Planning

- Weekly** 1-2 post per week (video, GIFs, photographs); respond to other creator posts
- Monthly** write 1-2 Medium blog to add to FB & LinkedIn Autism Groups with creative image/visual
- Quarterly** brainstorm/create an expressive art piece to narrate my story and feelings; showcase other Autistic Artists
- Annually** brainstorm/create an expressive art piece to narrate my story and feelings; showcase other Autistic Artists

How? Strategies & Tactics

Content

Disabilities issues, anthropology, policy, society, environment, public health, indigenous perspectives, psychology, creativity, art, education, scientific articles and studies, anatomy and the human body/brain, spirituality

Sharing

Medium Blogs, photography, video, expressive and creative art visuals and imagery (art collages), ideas and conversations on FB Groups; maybe one day Pinterest will be useful

Why? Proof of Remarkability

- I am autistic.
- I have traveled the world to almost 50 countries and understand global systems.
- I am traumatized by society's demands and have health issues due to the ablism, the shaming of autistic behavior, and misunderstanding of behaviors and special needs.

"Neurodiversity may be every bit as crucial for the human race as biodiversity is for life in general."

-Harvey Blume





Backlinks

- neurodivergentrebel.com/
- Centrum.org
- northwindartgallery.com
- spectrumnews.org
- theautismanthropologist.wordpress.com
- autcollab.org/
- highlysensitiverefuge.com/



Sample Event

- ✓ Collaborative Partners
- ✓ Interactive
- ✓ Educational

Channels

- **Autism:** #latediagnosedautistic #audhd #autismawareness #autismacceptance #autismadvocate #autismart #autismawarenessandacceptance #autismawarenesseveryday #autismspectrum
- **Highly Sensitive:** #highlysensitive #highlysensitiveperson #highlysensitivepeople #highlysensitivesoul #highlysensitivepersontribe #highlysensitiveentrepreneur #sensations #sensitive #sensitivecaptures #sensitivepeople
- **Neurodivergence:** #neurodivergent #neurodivergence #neurodivergentmemes #neurodivergentartist #neurodivergentwoman #neurodiversity #neurodiverse #neurodiversityacceptance #neurodiversesquad #neurodiversefamily
- **Disabilities POV:** #disabilities #disabilitiesawareness #learningdisability #notalldisabilitiesarevisible #invisibledisabilities #disabilitypride #disabilityrights #developmentaldisability #ableism #disabilityjustice

Engagement Planning

- **Creators:** network with other AuDHDer's, autistics, neurodivergents, trauma specialists by commenting on their posts/content
- **Conversationalists:** stir up discussions with these type of participants to engage and understand their experiences
- **Critics:** seek these types through disabilities conversations although most autistics are already critics of the current system of everything
- **Collectors:** to explore memes, research papers, visuals of autistic expression
- **Joiners:** to get more autists involved with expressing their neurotype and experience
- **Spectators:** provide videos on research and experience to relate to or to understand autism (for those undiagnosed and needing confirmation)

Outcomes

Provide resources and experiences to increase understanding of disabilities and neuro-wiring through blog posts, social media content, creative art pieces, and special events.



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